

JAY DUKE

Equestrian

Clinics & Course Design



Give Someone a Leg Up this Holiday Season!

Stumped on a gift for that special equestrian in your life?

Give them the gift that keeps giving—a virtual lesson subscription! Jay Duke Equestrian's Virtual Lesson Program gives riders weekly exercises with helpful tips, along with phone and video support from Jay.

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CLOVERLEAF

Difficulty: Intermediate

Materials:
8 standards, 4 poles

KEY POINTS

Horse:

- Turns
- Hind end strength
- Suppleness
- Collection

Rider:

- Outside aids
- Eyes
- Rollbacks
- Both legs to both reins with inside flexion

LESSONS

Jump Height: 0.7m

Start on the ground. Begin at the walk with no stirrups. After feel the horse's body, jump fence #1 to the right. Circle inside the marker, jump fence #1 again then jump #2. Circle inside the marker, jump #3 and then #4. The circle must be the size you are looking for a

exercise when the center. Do it in both directions. For young riders, the circle around the marker should have a slight inside bend at all times.

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The Details

Jay Duke Equestrian's Virtual Lesson Subscription Program is the next best thing to a Jay Duke clinic, and you can subscribe for just \$8 per lesson!

- Subscribers pay \$33 per month for a year-long subscription, which works out to be... yes, you guessed it: \$8 per weekly lesson!
- Six-month and month-by-month subscriptions are also available.
- What you get: One lesson per week delivered directly to your e-mail ready to travel straight to the ring with you.
- Additionally, subscribers gain access to Jay's extensive library of exercises and tips, as well as guest lessons from contributing horse sport professionals such as reigning FEI World Cup champion Bezie Madden!
- **Bonus Benefits:** Phone and video support from Jay Duke, including horse evaluations, lesson questions, etc.

Click to find out more and subscribe today!

A portion of all proceeds are donated to JustWorld International and Uryadi's Village.



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JUMP

MEDIA

Raising The Bar In Equestrian PR

